

# SCSD Behavioral Health Consultants' Professional Development Offerings (2019-2020)

Through customizable single professional development (PD) sessions or extended PD series addressing the topics below, we aim to support school staff in exploring best practice solutions for promoting students' academic engagement, positive behavior, and social-emotional skills.

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Applying Trauma Sensitive, Culturally Responsive Strategies in Order to Reduce Inequity and Disproportionality	
Professional Development Opportunity	Target Audience
Striving for Equity & Supporting Culturally Diverse Learners: A PD Series Exploring the Cross-Cultural Competence Journey, Privilege & Power, Microaggressions in Schools, and Best Practice Response Strategies	PPS Staff, Teachers
Use of Collaborative Problem Solving Model as an Equity Promoter: <i>The Explosive Child</i> Book Study	Teachers & PPS teams
Increasing the Effectiveness of Home-School Partnerships through Culturally Responsive Strategies	Teachers and Staff, Building Administrators
Self-Care as an Ethical Mandate for Managing Secondary Trauma Symptoms: How to Build & Maintain a SMART Self-Care Plan	Teachers, PPS Staff



Systems-Level Support

**From Your SCSD Behavioral Health Consultants**

Website: [www.SCSDbehaviormatters.weebly.com](http://www.SCSDbehaviormatters.weebly.com)

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Professional Development Opportunity	Target Audience
Exploring and Espousing the Five Trauma-Informed Care (TIC) Values School-Wide (at Tier 1)	Building Administrators, Teachers
Behavior Management PD Series for Paraprofessionals Part 1: Active Listening, Relationship-Building, Managing Student Triggers, Avoiding Power Struggles, & De-escalation Tips	Paraprofessionals
Behavior Management PD Series Part 2: Strategies for Unstructured Times, Strategies for Planned Responses to Undesirable Behaviors, Strategies to Cope with Stress & Effective Communication Skills with Students	Paraprofessionals
Restorative Practices in Classrooms	Admin, PPS teams, Teachers
Strengthening Attachments and Building Trust with Attunement Games & Emotional Space	Teachers and Paraprofessionals
Reducing the Impact of Trauma on Student Success: Resiliency-Boosting Strategies	Teachers
Best Practice Alternatives to Time Out Room Use: Active Response Beads, Relaxation Corners, Sensory Rooms	Teachers, PPS teams, Admin
<i>Fostering Resilient Learners</i> Book Study	Teachers
<i>Trauma-Focused CBT for Children and Adolescents</i> Book Study	PPS teams
Best Practices for Promoting a Supportive School Environment for LGBTQ Youth	Admin, PPS teams and teachers
Best Practices on Aligning Classroom Management Plans with Trauma Informed Values and Restorative Practices	Teachers
Best Practices in Positive Behavior Classroom Reward Systems	Teachers
Best Practices in Trauma Sensitive Consequences and Limit Setting	Teachers
<b>Social Emotional Learning</b>	
Understanding the Five Social-Emotional Learning Competencies & How to Meet the SEL Needs of Learners	Teachers
Maximizing Generalization of Skills Gained through Classroom (CASEL Guide Recommended) SEL Curriculum Use	Administrators, PPS Teams, Teachers



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Professional Development Opportunity	Target Audience
Self-Awareness and Self-Management: Steps to Self-Managed Student Behavior	PPS teams and Teachers
How to Help Students Practice Problem Solving & Making Responsible Decisions	Teachers
Using Cooperative Learning Strategies for Community-Building & Student SEL Skill Growth	Teachers
Promoting Prosocial Skills and Positive Behaviors in the Classroom	Teachers
<b>Best Practice School-Wide Behavior Interventions &amp; Strategies for All Students (Tier 1)</b>	
The First 20 Days & Beyond: Applying Your Comprehensive Classroom Management Plan (Support with the Customizable, District-Created CCMP)	Teachers
Positive Behavior Interventions & Supports (PBIS) Systems: Planning, Implementing, and Monitoring Effectiveness	Building PBIS Implementation Team, including Admin
Using the Student Risk Screening Scale - Internalizing & Externalizing (SRSS-IE) Results to Inform Multi-Tiered Responses	Participating Schools & Teams
Four Best Practice, Low-Intensity Strategies: Active Supervision, Behavior Specific Praise, Opportunities to Respond, and Pre-Correction Strategies	Teachers
Mindful Meet-Up for Teachers & Staff: Starting with Ourselves	Teachers
Mindfulness Discovery PD Series: Best Practices in Inviting Students to Join in Mindful Eating, Movement, & More	Teachers and staff
Best Practice Classwide Interventions: The Good Behavior Game (Plus Merit), Positive Peer Reporting, & Group Self-Monitoring	Teachers
Preventative Strategies for School Truancy and Absenteeism	Admin, PPS teams
Best Practices in Suicide Prevention & Postvention	Admin, PPS teams
Best Practices in Enhancing the Teacher-Paraprofessional Team	Teachers
Best Practices in Creating and Using Visual Schedules	Teachers
The Timely Transitions Game: Reducing Room-to-Room Transition Time	Teachers
Collaborative Problem Solving (Ross Greene model): <i>Treating Explosive Children</i> Book Study	PPS teams



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<i>Smart but Scattered</i> Book Study	PPS teams
<i>Executive Skills in Children and Adolescents</i> Book Study	PPS teams
<i>Motivational Interviewing</i> Book Study	PPS teams
Best Practice Behavior Collaboratives (Topics for Teachers and Clinicians)	Admin, Teachers, & PPS teams
Coffee & Conversation with SCSD Parents: A Social, Emotional, Behavioral Resource-Sharing & Problem-Solving Group	SCSD Parents & Building Teams
<b>Best Practice Behavior Intervention Strategies for Students At Risk (Tier 2)</b>	
Check In & Check Out: Best Practice Components for Implementing with Fidelity	PPS Staff, Teachers, Admin
Best Practices in "Work For" Card Development & Use of Behavioral Contingencies	PPS teams and Teachers
Non-Medical, Best Practice Interventions for Students with ADHD	PPS teams
Executive Functioning: Helping students improve Task Initiation and Sustained Attention	Teachers
Executive Functioning: Helping Students Learn How to Use Coping Skills to Control One's Temper and Control Impulsive Behavior	PPS teams and Teachers
Executive Functioning: Helping Students Learn How to Manage Anxiety Related to Changes in Plans or Schedules	PPS teams and Teachers
Young Parents Support & Psychoeducation Group	Building Teams & Current SCSD Students
Best Practice Strategies for Students Displaying Internalizing Behaviors	PPS Staff, Teachers
<b>Best Practice in Behavior Planning for Individual Students (Tier 3)</b>	
Behavior Contracts: Recommended Components	Administration, Teachers
Using the SCSD Bus PASS (Promoting Actions for Student Success) to Promote Home-School-Transportation Department Communication & Peaceful Bus-Riding Behavior	Bus Drivers, PPS staff
An Introduction to SCSD Behavioral Tools and Templates	PPS Staff, Case Managers



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Job-Embedded PD: Efficient Use of SBST Meetings for Intervention Support Plan for Behavior (ISP-B), Functional Behavior Assessment (FBA), & Behavior Intervention Plan (BIP) Development & Progress Monitoring	PPS Staff
Data Collection Made User-Friendly & Legally Compliant: Is our Plan Impacting Student Behavior?	Special Education Case Managers, PPS Staff
DSM 5 Review: Understanding Differential Diagnosis Book Study	Social Workers and Psychologists



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