

## We can help with...

- Academic Disengagement / Class Avoidance
- Inattention, Hyperactivity, or Impulsivity
- Depressed or Withdrawn Behavior
- Symptoms of Anxiety
- Poor Frustration Tolerance
- Difficulties Controlling Thoughts and Behaviors
- Difficulties with Planning/ Organization
- Disruptive Behaviors

## How to Access Behavioral Consultation Services

E-mail the behavior consultant assigned to your school directly to arrange for the consultation services described herein.

Please use the following link to request professional development, best practice intervention resources, classroom consultation, or SBST consultation:

[www.SCSDbehaviormatters.weebly.com/for-educators.html](http://www.SCSDbehaviormatters.weebly.com/for-educators.html)

## School Assignments

**Laura Bertini-Colón, LCSW, CSSW**

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Howe, Keane, MLK, Pleasant Valley,  
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Elementary Respite

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Lincoln, Van Corlaer, Yates, Ready to Learn Program,  
& SCLA, WIEC

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Central Park, Oneida, Mont Pleasant &,  
Middle School Respite

## Resource Sharing

- ❖ Forms and templates can be located on the SCSD PPS Toolbox -> Behavior folder
- ❖ Looking for ready-to-use best practice interventions, family-friendly resources, tools and templates for behavior planning, and more?  
[www.SCSDbehaviormatters.weebly.com](http://www.SCSDbehaviormatters.weebly.com)
- ❖ Find us on Twitter at [@SCSDBxTeam](https://twitter.com/SCSDBxTeam)



# Behavioral Consultation Services

## Accessing Support



*Our primary mission is to support school staff in exploring best practice solutions for promoting students' academic engagement, positive behavior, and social-emotional skills.*



## Student Services

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- ❖ Resources or best practice suggestions pertaining to a specific behavioral or mental health challenges of students you are serving (e.g., Restorative Practices, Peer Relationships, Positive Classroom Ecology, Psychoeducation, Self-Monitoring, Social Skill Building)
- ❖ Support SBSTs (School Based Support Teams) as indicated with the process of preparing for initial or subsequent SBST meetings, providing consultation during SBST meetings to aid in problem solving, identifying solutions and barriers, and supporting teachers and students (e.g., via ISP-B, FBA, BIPs and progress monitoring)

## Classroom Services

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- ❖ Confidential classroom consultation services, including classroom observations, private meetings, and comprehensive management planning
- ❖ Ready-to-use best practice intervention summaries (e.g., Tootling, Positive Peer Reporting, Good Behavior Game)
- ❖ PD Offerings to discuss topics related to Trauma-Sensitive Schools, Social Emotional Learning, and Best Practice Behavior Intervention Strategies for Tiers 1, 2, and 3
- ❖ Faculty Support Groups, SMART Self-Care Planning, Mindfulness Practice for Adults, and other small group opportunities

## Systems Services

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- ❖ Best practice intervention recommendations (for specific at-risk groups or individual student needs) easily accessible via Behavior Matters blog, newsletters, and webinars
- ❖ Support with preventative initiatives (e.g., PBIS, Crisis Prevention and Postvention)
- ❖ PD offerings, newsletters, and blog posts summarizing best practice behavioral interventions and other relevant topics that promote mental health, reduction of disproportionality, and trauma-sensitive and culturally-responsive approaches
- ❖ Consultation on program development for students with intensive social-emotional needs
- ❖ Facilitation and support for piloting validated programs (e.g., social emotional learning, mindfulness, Ci3T), including evaluating effectiveness via comparison between pilot and control group outcome data
- ❖ Weekly newsletters and activities for students and faculty/staff to support mental health awareness during NAMI's National Mental Health Awareness Month (May)
- ❖ Partnership and systematic communication between bus transportation and schools
- ❖ Book studies focusing on mental health and best practice strategies
- ❖ Faculty Support Groups to recognize and address the impact of vicarious trauma on SCSD faculty and staff
- ❖ **Professional Development Topics**
  - Social Emotional Learning
  - Trauma-Sensitive Schools (Tier 1 Interventions)
  - Best Practice Behavioral Interventions for Tiers 1, 2, and 3

## Future Plans

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- ❖ Support in utilizing the Comprehensive, Integrated, Three-Tiered Model of Support model (ci3t.org)
- ❖ Mindfulness Initiative for teachers and students at the middle school level
- ❖ Support preventative efforts of the general education continuum
- ❖ Shifting a larger focus of the provision of behavioral supports to increasing trauma-sensitive approaches

## How Behavioral Consultation has been Helpful in SCSD

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*“The district’s Behavior Consultants serve as a tremendous resource in offering effective behavior plan support, both from an individualized student and programmatic standpoint, and serve as a second tier to observations and feedback beyond buildings’ School Based Support Teams.”*  
—School Principal

*“District behavior consultation has benefitted our school community in many ways; brainstorming and problem-solving, classroom observations, assisting with development of FBA/BIP, improving data collection, and the sharing of evidence-based resources and strategies.”*  
—School Psychologist

*“Consultation has helped me change the way we address behaviors in the classroom. The consultant provided useful, relevant resources that could be directly applied to the classroom. The easy to use and well guided CCMP helped me to determine which instructional and behavioral practices would best fit students and my personal teaching style.”*  
—General Education Teacher